What should a mentor and student do together?

Below are tasks and activities mentors and students may want to do together. These are suggestions, and not required.

**Getting Started**

- **Students**: talk about what you want to get out of this experience
- **Mentors**: describe what you can offer, and how students can best make use of your time
- Complete the Goals Agreement
- Exchange contact information
- Decide on the best method of contact (text, phone call, email, etc.)
- Establish a meeting schedule

**Networking**

- Discuss tips for approaching and engaging professionals
- Write a sample introduction email
- **Mentors**: setup informational interviews with colleagues
- Find a networking event you can attend together
- Develop and rehearse an elevator speech
- Join “UMD Mentor Program” group on LinkedIn

**Job Shadowing**

- Schedule a one-day or half-day job shadow
- Agree on goals for the job shadow experience
- Discuss what was learned from the job shadow experience

**Job Search Toolkit**

- Review student's resume and cover letter
- **Mentors**: share examples of resumes from entry level employees
- Review student's LinkedIn profile
- Discuss student's references
Internship & Job Search

- Review upcoming job fairs at UMD
- Discuss companies that could be a good fit
- Research job openings in Handshake
- **Mentors:** connect student with HR rep from your company
- **Students:** schedule a 1:1 consultation with the Career Center
- Discuss the advantages of grad school v. entering the workforce

Interviewing

- Discuss potential questions and interview strategies
- **Students:** record a practice interview
- Develop questions to ask in interviews
- Discuss next steps after an interview

Wellbeing

- Examine work-life balance
- Discuss career preparedness
- **Mentors:** Ask about your student's mental health
- Review common personal finance questions
- Find a volunteer opportunity you can do together

Questions?

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